

In English, we sometimes say **usually** to express a repetitive action. Usually is called an adverb of frequency. In Spanish, one way to express the same idea is with **generalmente**. However, in Spanish, it is also common to express the same idea with the verb **soler**. Since **soler** is a verb, it is followed by an infinitive.

Example: Juan suele almorzar al mediodía.

Juan usually eats lunch at noon.

Soler = to do frequently

suelo	solemos
sueles	
suele	suelen

Using the verb **soler**, say what time these people usually do the following.

levantar pesas cortar el césped montar en bici leer nadar
dibujar escuchar música tocar la guitarra ver la tele

